



Profile

- Born in **1963**
- **Diploma in Psychology** (minor subject Business Management) at the University of Bonn, Germany, 1988
- **16 years employed** by different companies
=> extensive knowledge in **entrepreneurial fields**
- Since **2002 freelancer** in the fields of **Consulting**, **Coaching** and **Training**
- **Certified as Senior Coach BDP**
- **Additional / Further education** (et al.)
 - Qualification as Coach at the german professional organisation of german psychologists (BDP)
 - Course Instructor „Gelassen und sicher im Stress“ (assured and calm in stress)
 - Education in the following fields and topics: „Helping people change“, „activating soft skill training“, „systemic-hypnotherapeutic supervision, team-development and consulting“, et al.
- **Service offered:**
 - Executive **training** and co-worker training
(core subjects: Communication, Leadership, Dealing with difficult conversation partners, Conflict-management, Appraisal-interview, Leading conferences, Self-management, Coping with stress et al.)
 - Facilitating processes of **Team-development**
 - **Mediating conflicts** in teams and in relationships
 - **Psychological assessments and audits**
 - **Personnel- and Leadership Development**
 - **Change Management**
 - **Coaching**
- **References** (extract):
 - Centa Antriebe Kirschey GmbH
 - InWEnt gGmbH
 - Forschungszentrum Jülich
 - NADA (Nationale Anti-Doping-Agentur)
 - Swyx Solutions AG
 - Deutsche Telekom AG
 - IVG Immobilien AG
 - Kultusministerium des Landes Thüringen
 - Universität Bonn
 - DVGW (Deutsche Vereinigung des Gas- und Wasserfaches e.V.)
 - Verlag für die deutsche Wirtschaft
 - Lanxess GmbH